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# Genotyping and drug susceptibility profiling of *Prototheca* sp. strains isolated from cases of protothecosis in dogs

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#### Abstract

**Background:** Protothecosis in dogs is a rare, yet emerging disease, distinguished by its often-aggressive clinical course and high fatality rate. Our study was conducted to enhance treatment protocols for affected dogs by better understanding the genetic diversity and drug resistance patterns of *Prototheca* species.

**Objectives:** To identify species and drug susceptibility profiles of an international collection of 28 *Prototheca* strains isolated from cases of protothecosis in dogs. **Animals:** None.

**Methods:** Retrospective study. Species-level identification was made for isolates from 28 dogs in 6 countries by molecular typing with the partial *cytb* gene as a marker. For the determination of minimum inhibitory concentrations (MICs) and minimum algicidal concentrations (MACs), the Clinical Laboratory Standards Institute (CLSI) protocol (M27-A3) was used.

**Results:** *Prototheca bovis* was the most prevalent species, accounting for 75% (21/28) of the cases, followed by *P. wickerhamii* (18%; 5/28) and *P. ciferrii* (7%; 2/28). Of the 6 drugs tested, efinaconazole (EFZ) was the most potent *in vitro*, with its median MIC and MAC values equal to 0.125 mg/L. The lowest activity was found for fluconazole (FLU), with MIC and MAC medians of 48 mg/L and 64 mg/L, respectively.

**Conclusions and Clinical Importance:** Our study identifies *P. bovis* as the species that most frequently causes protothecosis in dogs, which suggests the possibility of cross-species infection from other animals, especially cows. Additionally, it indicates that EFZ could be used in the treatment of infection in the colon.

#### KEYWORDS

algae, colitis, cytb, dog, Prototheca spp., systemic infection

Abbreviations: AMB, amphotericin B; CLSI, Clinical Laboratory Standards Institute; DMSO, dimethyl sulfoxide; EFZ, efinaconazole; FDA, Food and Drug Administration; FLU, fluconazole; ITZ, itraconazole; KTZ, ketoconazole; MACs, minimum algicidal concentrations; MICs, minimum inhibitory concentrations; RVZ, ravuconazole.

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#### 1 | INTRODUCTION

*Prototheca* species are unicellular, achlorophyllous, yeast-like microalgae inhabiting diverse natural environments, including plants, soil, and bodies of water.<sup>1</sup> Although normally saprophytic, these organisms can act as opportunistic pathogens of both humans and animals, resulting in a variety of diseases, collectively referred to as protothecosis.

*Prototheca* spp. were originally classified as fungi because of their morphological features and lack of chlorophyll.<sup>2</sup> Since then, several substantial revisions to *Prototheca* taxonomy have been made, with the increasing availability of phenotypic, chemotaxonomic, and molecular data.<sup>3</sup> The current classification system is based on the mitochondrial *cytb* gene, under which, a total of 18 species are delineated.<sup>3-5</sup> Of those, 4 are reported as the causative agents of protothecosis in dogs, namely *P. bovis, P. ciferrii, P. wickerhamii,* and *P. zopfii.*<sup>6-10</sup> The latter, however, has been separated into 2 genotypes, that is, *P. zopfii* gen. 1 and *P. zopfii* gen. 2, which are renamed as *P. ciferrii* and *P. bovis*, respectively.<sup>3</sup>

The 1st case of *Prototheca* infection in a dog was documented in 1969.<sup>11</sup> Since then, a total of 125 cases of protothecosis in dogs have been reported in 80 published cases up until 2023. The disease is typically characterized by an apparently sudden onset, involvement of multiple organs, and a fatal progression.<sup>6,10</sup> The problem is further compounded by the lack of standardized therapeutic guidelines for diagnosis or treatment. In general, treatment is largely empiric, with poor predictability and often unsuccessful outcomes. Only a few documented treatment attempts resulted in a full recovery of the animal.<sup>8,12-14</sup> This relates to a hallmark feature of *Prototheca* algae, which is their robust refractoriness to a range of physical and chemical stress conditions. As shown by studies on strains of human, bovine, and environmental origin, *Prototheca* spp. are resistant to a wide spectrum of antimicrobial agents, and there is often no clear correlation between the drug susceptibility testing results assayed *in vitro* and the clinical efficacy of the drug.<sup>15-17</sup>

The objective of this work was to perform a combined microbiological analysis of *Prototheca* strains isolated from cases of protothecosis in dogs through identification of the species at a taxonomic level and assessment of antimicrobial susceptibility and nonresistance. Thus, *cytb* gene-based genotyping and drug susceptibility testing with a panel of 6 antifungal agents, either in the developmental phase or already available on the pharmaceutical market, was performed for an international collection of 28 *Prototheca* sp. strains isolated from as many dogs suffering from protothecosis. Overall, our study provides a large microbiological analysis of protothecosis detected in dogs.

## 2 | MATERIALS AND METHODS

#### 2.1 | Algal strains

A total of 28 *Prototheca* sp. strains were used in our study. They were all originally isolated from dogs from 6 different countries: Germany (n = 8), Brazil (n = 7), Italy (n = 7), Australia (n = 3), Japan (n = 2), and the United Kingdom (n = 1). In addition to isolates from dogs, 4 reference strains, namely *Prototheca bovis* SAG 2021 (T), *Prototheca ciferrii* SAG

2063 (T), *Prototheca wickerhamii* ATCC 16529 (T), and *Pichia kudriavzevii* ATCC 6258 (T), purchased from international culture collections, were used as quality controls for drug susceptibility testing (Table 1).

The strains were cryopreserved with Viabank Bacterial Storage Beads (MWE Medical Wire, UK) at  $-70^{\circ}$ C and revived by streaking a loopful (10 µL) of the frozen culture onto Sabouraud's Dextrose Agar (SDA; Biomaxima, Poland), and incubated at 30°C aerobically for 72 hours. Subcultures were maintained in the same medium and under the same conditions, as described above.

#### 2.2 | Species identification

Species-level identification was made by molecular typing with the partial cytb gene as a marker.<sup>5</sup> Briefly, genomic DNA was obtained with the GeneMATRIX Environmental DNA & RNA Purification Kit (EURx, Poland). For polymerase chain reaction (PCR) amplification, a primer pair cvtb-F1 (5'-GvGTwGAACAvATTATGAGAG-3'), and cvtb-R2 (5'wACCCATAArAArTACCATTCWGG-3'), and ColorTag PCR Master Mix (EURx, Poland) were used, as per manufacturer's instructions. Thermocycling conditions were 3 minutes at 95°C, followed by 35 cycles of 30 seconds at 95°C, 30 seconds at 50°C, and 30 seconds at 72°C, with a final extension of 5 minutes at 72°C. The PCR products were then subjected to PCR-Restriction Fragment Length Polymorphism (RFLP) analysis, that is, doubly digested with FastDigest Rsal and Tail enzymes (Thermo Fisher Scientific, USA), under conditions recommended by the supplier, fractionated on 4% agarose gels, and visualized by ethidium bromide (5 mg/L) staining, and exposure to ultraviolet light (UV). The restriction patterns were analyzed, as described elsewhere.<sup>5</sup>

For all strains identified with PCR-RFLP as *P. bovis*, the PCR products were also purified with Short DNA Clean-Up (EURx, Poland) and sequenced with the same primers as used for the amplification. This was done to avoid misidentifications of *P. bovis* and *P. ciferrii*.<sup>3</sup> The assembled sequences were analyzed with the *Prototheca*-ID web application and deposited in the sequence repository of this application<sup>20</sup> and the National Center for Biotechnology Information (NCBI) GenBank database (Table 1).

#### 2.3 | Drug susceptibility testing

In the absence of universally accepted guidelines, specifically applicable to *Prototheca* spp., determination of Minimum Inhibitory Concentrations (MICs) and Minimum Algicidal Concentrations (MACs) was performed by broth microdilution method, in 96-well microtiter plates (Genos, Poland), pursuant to the Clinical Laboratory Standards Institute (CLSI) protocol (M27-A3) for drug susceptibility testing of yeast-like fungi.<sup>21</sup> The only modification to the protocol was that a suspension of the algal inoculum was adjusted to a 6 McFarland turbidity standard. This adjustment was made in order to obtain a CLSI-recommended stock suspension concentration, which translates to ca. 1.0 to  $5.0 \times 10^6$  cfu/mL.

A total of 6 drugs were tested, including amphotericin B (AMB), efinaconazole (EFZ), fluconazole (FLU), itraconazole (ITZ), ketoconazole



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#### List of *Prototheca* sp. strains used in the study. TABLE 1

		Identification				
			cytb-based genotyping			
No.	Isolate ID	Original	Outcome	GenBank accession no.	Country of origin	Reference
1.	BP1	P. zopfii	P. bovis	OQ869619	Brazil	
2.	BP2	P. zopfii	P bovis	OQ869620	Brazil	
3.	Bras14	P. zopfii gen. 2	P. bovis	OQ869621	Brazil	14
4.	Bras23	P. zopfii gen. 2	P. bovis	OQ869622	Brazil	18
5.	DAW	P. zopfii gen. 2	P. bovis	OQ869636	United Kingdom	
6.	PBC	P. bovis	P. bovis	OQ883868	Japan	
7.	PRO-EM-SPC 21M	P. zopfii	P. bovis	OQ869630	Italy	
8.	P232	P. zopfii gen. 2	P. bovis	MF163470	Germany	
9.	P233	P. zopfii gen. 2	P. bovis	OQ869623	Germany	
10.	P280	P. zopfii gen. 2	P. bovis	OQ869624	Germany	
11.	P310	P. zopfii gen. 2	P. bovis	OQ869625	Germany	
12.	P511	P. zopfii gen. 2	P. bovis	OQ869626	Germany	
13.	P528	P. zopfii gen. 2	P. bovis	OQ869627	Germany	
14.	P541	P. zopfii gen. 2	P. bovis	OQ869628	Germany	
15.	WP1	P. zopfii	P. bovis	OQ869631	Italy	
16.	WP2	P. zopfii	P. bovis	OQ869632	Italy	
17.	256/2021 UFPR	P. bovis	P. bovis	OQ869617	Brazil	
18.	3826	P. bovis	P. bovis	OQ869629	Italy	6
19.	3848	P. bovis	P. bovis	OQ869615	Australia	6
20.	3849	P. bovis	P. bovis	OQ869616	Australia	6
21.	77/ACT-16	Prototheca sp.	P. bovis	OQ869618	Brazil	
22.	WP3	P zopfii	P. ciferrii	OQ869633	Italy	
23.	WP4	P. ciferrii	P. ciferrii	OQ869634	Italy	6
24.	Japan 6	P. wickerhamii	P. wickerhamii	OQ883865	Japan	19
25.	P543	P. wickerhamii	P. wickerhamii	OQ883866	Germany	
26.	WP5	P. wickerhamii	P. wickerhamii	OQ869635	Italy	6
27.	059/19	P. wickerhamii	P. wickerhamii	OQ106961	Brazil	8
28.	3847	P. wickerhamii	P. wickerhamii	OQ883867	Australia	6
29.	SAG 2021	P. zopfii gen. 2	P. bovis	MF163469	Germany	5
30.	SAG 2063	P. zopfii gen. 1	P. ciferrii	MF163464	Germany	5
31.	ATCC 16529	P. wickerhamii	P. wickerhamii	MF163459	United States	5
32.	ATCC 6258	Pichia kudriavzevii			Sri Lanka	

(KTZ), and ravuconazole (RVZ), all supplied by Sigma-Aldrich, Poland. Working solutions were prepared in dimethyl sulfoxide (DMSO; BioShop; Canada) immediately before use.

For each Prototheca sp. strain, all drugs were tested at doubling concentrations, ranging from 0.031 to 64 mg/L (AMB), 0.002 to 1 mg/L (EFZ), 1 to 128 mg/L (FLU), 1 to 128 mg/L (ITZ), 0.25 to 32 mg/L (KTZ), and 0.004 to 2 mg/L (RVZ), in triplicates. The MIC was described as the lowest concentration of the drug that completely inhibited growth of the Prototheca strain, as detected by the naked eye.

The MAC values were determined as reported earlier.<sup>22</sup> Briefly, after MIC determination, 100-µL samples taken from wells described as 2-fold

and 4-fold MICs were spread across the surface of the SDA plates. After 72 hours of incubation at 30°C, the number of colonies was counted. The MAC was defined as the lowest drug concertation that killed at least 99.9% of the algal cells when compared with the control.

Only if 2 replications showed the same result, the isolate was given the final MIC and MAC values.

#### 3 RESULTS

All Prototheca strains (28) used in our study were isolated from cases of protothecosis in dogs, of which 10 had previously been published

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between 2006 and 2023 (nos. 3, 4, 18-20, 23, 24, 26-28; Table 1 and Table S1). The strains originated from dogs, mostly with systemic disease, living in 6 countries on 4 continents. Selected epidemiologic, laboratory, and clinical details on *Prototheca* sp. isolates under the study are provided in Table S1.

## 3.1 | Genotyping

Of 28 strains evaluated, 10 (36%) had previously been identified as: *P. bovis* or *P. zopfii* gen. 2 (5/10; 50%), *P. wickerhamii* (4/10; 40%), and *P. ciferrii* (1/10; 10%). Genotyping performed in our study corroborated the original identification. For the remaining isolates, representing unpublished cases, the species identity was fully corroborated except for 5 *P. zopfii* isolates, of which 4 were identified as *P. bovis*, and 1 as *P. ciferrii*. In addition, 1 *Prototheca* sp. isolate was identified as *P. bovis*.

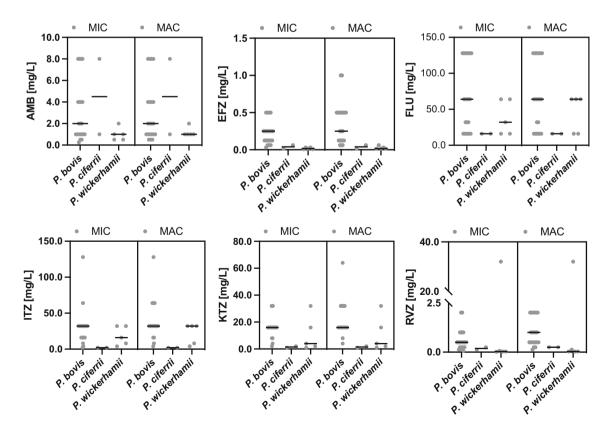
Overall, 21/28 (75%) isolates were classified as *P. bovis*, 5/ 28 (18%) as *P. wickerhamii*, and 2/28 (7%) as *P. ciferrii*. The results of the original and confirmatory species identification of *Prototheca* algae under our study are presented in Table 1 and Table S1. In all countries, from which at least 3 strains were available (Australia, Brazil, Germany, and Italy), *P. bovis* was always the most common species, followed by *P. wickerhamii* (Table 1 and Table S1).

#### 3.2 | Drug susceptibility testing

Of 6 drugs tested, all showed activity against Prototheca sp. strains at the concentrations used in our study. The highest MIC and MAC median values were reported for FLU viz 48 mg/L and 64 mg/L, respectively. Likewise, a weak activity against Prototheca spp. was demonstrated for ITZ with median MIC and MAC both 32 mg/L. The 3rd least potent antiprotothecal drug was KTZ with its median MIC/MAC values being 16 mg/L. The highest anti-Prototheca activity was shown for EFZ, a novel compound of the triazole series (median MIC/MAC, 0.125 mg/L; range, 0.008-0.5 mg/L for MICs and 0.016-0.1 mg/L for MACs). The other 2 drugs that displayed activity toward Prototheca algae were RVZ and AMB, with their median MICs of 0.5 mg/L and 1 mg/L, respectively. The median MIC and MAC values were equal for EFZ (0.125 mg/L), ITZ (32 mg/L), RVZ (.5 mg/L), and KTZ (16 mg/L; Table S2 and Figure 1). The algicidal effect was also demonstrated for AMB as its MACs were only slightly higher than MICs (1 and 1.5 mg/L).

#### 4 | DISCUSSION

Three fourths (21/28) of the *Prototheca* sp. isolates were identified as *P. bovis*. Included in that number were 15 strains originally described as *P. zopfii* (or *P. zopfii* gen. 2). This clearly shows that *P. bovis* is the



**FIGURE 1** Minimum Inhibitory Concentrations (MICs) and Minimum Algicidal Concentrations (MACs) of drugs tested on 28 *Prototheca* sp. strains. AMB, amphotericin B; EFZ, efinaconazole; FLU, fluconazole; ITZ, itraconazole; KTZ, ketoconazole; and RVZ, ravuconazole.

major etiological agent of protothecosis in dogs. It also implies that wherever in the older literature, *P. zopfii* was stated to be the causative agent (at least 25 published case reports), most likely it would now be reclassified as *P. bovis*.<sup>3</sup>

As in dogs, *P. bovis* is the main etiological agent of protothecal mastitis in cows, which is the most common form of protothecal disease in animals.<sup>23-25</sup> It is thus not surprising that *P. bovis* was also the most frequently isolated *Prototheca* species from the dairy farm environment.<sup>23</sup> In contrast, *P. wickerhamii* has been the major protothecal pathogen for cats<sup>26-30</sup> and goats,<sup>31,32</sup> and humans.<sup>33,34</sup> It thus seems that there might exist a certain host specificity among *Prototheca* species, and that this specificity might be related, at least to some extent, to the genomic landscape of the pathogen and possibly the host too. This uneven species distribution is observed in the natural environment. Whereas, *P. bovis* is the most frequently isolated *Prototheca* species from the dairy farm surroundings,<sup>23,35</sup> in aquatic reservoirs *P. wickerhamii*, *P. pringhsheimii*, and *P. cerasi* are the more prevalent species.<sup>4</sup>

The identification method used in our study relies on the mitochondrially-encoded *cytb* gene, which has the highest discriminatory capacity compared with previously used ribosomal DNA markers, such as the small ribosome subunits (SSU), large ribosome subunits (LSU), and internal transcribed spacers (ITS).<sup>5</sup> No other typing method except for PCR-RFLP of the *cytb* gene has been tested and optimized for the differential identification of all *Prototheca* species recognized so far. The *cytb* gene-based PCR-RFLP was developed based on the sequencing results for the *cytb* gene, upon which the current *Prototheca* taxonomy was established upon.<sup>4,5</sup> The ease of use and short turnaround time make the *cytb* gene analysis a gold standard for *Prototheca* speciation.

The environmental ubiquity and persistence of Prototheca spp., increasing the risk of being transmitted to animals, is largely attributed to the ability of the algae to survive harsh conditions, including high temperatures or chemical treatments, such as chlorination, which are commonly used in water treatment.<sup>36,37</sup> Prototheca algae exhibit resistance to commonly employed antimicrobial agents, which translates into a lack of efficacy of common medical treatments. Variation in drug efficacy exists across a variety of species is also confirmed by the present study.<sup>16,17,22,34,38-40</sup> Similar to what has recently been demonstrated for human Prototheca isolates,<sup>38</sup> the drug exhibiting the lowest MIC and MAC values against canine isolates was EFZ, followed by RVZ, and AMB. Other azoles shared a similar range of mean MIC and MAC values (ie, 16-48 mg/L and 16-64 mg/L, respectively), with the highest values observed for FLU, which is again in line with the findings for Prototheca sp. strains from human patients.<sup>38</sup> Likewise, a general susceptibility hierarchy of the Prototheca species was the same as when human and bovine isolates were tested, with P. bovis being more resistant than P. ciferrii, which in turn was more resistant than P. wickerhamii.<sup>15,38</sup>

All drugs that are addressed in our study are approved by the United States Food and Drug Administration (FDA) for clinical use, except for RVZ, although EFZ is only approved for topical treatment of fungal infections of the nails.<sup>41</sup> RVZ is a novel human triazole drug available in Japan since 2018. It is a broad-spectrum antifungal agent



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that exhibits excellent activity against Candida albicans and Cryptococcus neoformans. The drug is developed as an oral formulation for treating onychomycosis. A prodrug of RVZ called fosravuconazole L-lysine ethanolate (BFE1224 or F-RVCZ) has advanced to clinical use. To treat human dermatophyte infections, F-RVCZ (equivalent to 100 mg RVZ) is given PO once daily for 12 weeks; it showed significantly higher complete cure rates (59.4%) compared with placebo (5.8%) at 48 weeks. The study also found F-RVCZ to be well-tolerated, with mostly mild to moderate adverse events.<sup>42</sup> An earlier phase I/II trial in adults with onychomycosis treated with RVZ 200 mg/day, 100 mg/ week and 400 mg/week for 12 weeks revealed steady-state serum drug concentrations around 3000 ng/mL.<sup>43</sup> No studies of this drug in the dog have been conducted to the best of our knowledge, however 1 of the authors used this drug (unsuccessfully) to treat a case of disseminated protothecosis in an Australian shepherd domiciled in Florida (personal communication; January, 2024). The drug was welltolerated, even though it did not appear to be effective clinically at the dosage used. Blood concentration of the drug was not determined during treatment. Nevertheless, this drug might be useful if given at higher doses as determined by therapeutic drug monitoring aiming to achieve serum concentrations 4 to 5 times the MIC for the individual Prototheca strain isolated from the dog. The drug might also be useful if given as a retention enema for treating protothecal colitis.

EFZ is an antifungal medication of the triazole class, used to treat onvchomycosis. It is a topical solution applied directly to affected toenails once daily for 48 weeks. It has a broad-spectrum antifungal activity against dermatophytes (eg, Trichophyton species), yeasts (eg, Candida albicans), and nondermatophyte molds.<sup>39,44</sup> To the best of authors' knowledge, EFZ has never been used for the treatment of protothecosis in dogs: the drug is marketed as a topical preparation for treating dermatophyte infections of the nails, and there is no information readily available concerning its use as oral (systemic) treatment, or as topical treatment in the alimentary tract, for example, as a retention enema. It was approved in 2014 for the treatment of onychomycosis. Efinaconazole 10% solution is effective in treating mild to moderate toenail fungal infections, with cure rates around 15%-18% and mycological cure around 55% after 52 weeks of treatment. Common adverse effects include skin redness, itching, burning, stinging, blisters, and ingrown toenail around the treated nail.<sup>41,45</sup> We have not been able to find any information about the systemic use of this agent. In addition, the use of low doses of EFZ in combination with other drugs used to treat systemic infections may have synergistic or additive effects against different Prototheca species. Therefore, although EFZ seems to be a promising agent, it is not yet suitable for use in cases of multiorgan manifestations of the disease, although it might be suitable for use as a retention enema.

Furthermore, despite exhibiting promising in vitro results, commonly prescribed medications, including those tested in our study, are frequently ineffective in treating protothecal infections in dogs.<sup>10,46-52</sup> New potential agents, including nanoparticles, iodinated carbamates, guanidine, or 3-bromopyruvate, have been evaluated.<sup>22,53,54</sup> Modifying existing medications, such as cochleated amphotericin B (CAMB) formulations could also be effective.<sup>55,56</sup> American College of Veterinary Internal Medicine

To conclude, *Prototheca* algae and protothecosis have rarely been studied in the context of veterinary medicine. Our study brings to attention this unusual yet emerging disease. It emphasizes the important role of *P. bovis* in the etiology of protothecosis in dogs. It also highlights EFZ and RVZ, novel compounds of the triazole series, as potential treatments for the disease, suggesting their potential for having clinical efficacy for protothecosis when given PO or as a retention enema.

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#### CONFLICT OF INTEREST DECLARATION

Authors declare no conflict of interest.

#### OFF-LABEL ANTIMICROBIAL DECLARATION

Authors declare no off-label use of antimicrobials.

# INSTITUTIONAL ANIMAL CARE AND USE COMMITTEE (IACUC) OR OTHER APPROVAL DECLARATION

Authors declare no IACUC or other approval was needed.

#### HUMAN ETHICS APPROVAL DECLARATION

Authors declare human ethics approval was not needed for this study.

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#### SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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